

### Points to note

- Do not confuse the markers on the enclosed map with any way marker symbols you may see placed along the actual walk. The numbered markers shown on the map are to give approximate location on the route with the numbered written instructions.
- Always take care when walking along side rivers and canals.
- May be muddy in some parts along the canal path.

### Places of interest

Leeds Liverpool canal and Silsden.

### Transport to walk

From Keighley bus station you can catch a bus to Kildwick bus no 66. Ask the driver if the bus goes in to Kildwick to be certain.

#### Grades of walks available:



Mild to moderate, suitable for pushchairs. Usually less than 3.5km.



Mild to moderate, not suitable for pushchairs. Usually less than 3.5km.



Moderate. Usually less than 6.5km.



Hard. Usually over 6.5km.



The Keighley Walking Initiative

### IMPORTANT INFORMATION

**Please read this! This is your responsibility!**

This leaflet shows a route utilising Public Rights of Way. Please follow the Countryside Code. In particular: keep to paths, leave gates as found, take litter home and keep dogs under control ([www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)).

If you are new to exercise or have any existing medical condition or concerns check with your GP before undertaking physical activity. Check that the route is suitable for your level of fitness and that you have adequate resources for your planned activity.

Wear clothing and footwear appropriate to the conditions and time of year.

# Walks For All

## Kildwick to Silsden

**Walk** 8

**Name** Kildwick to Silsden

**Distance** 3.5 kms / 2.2 miles

**Grade**



Mild walking along the canal with nice scenery to Silsden

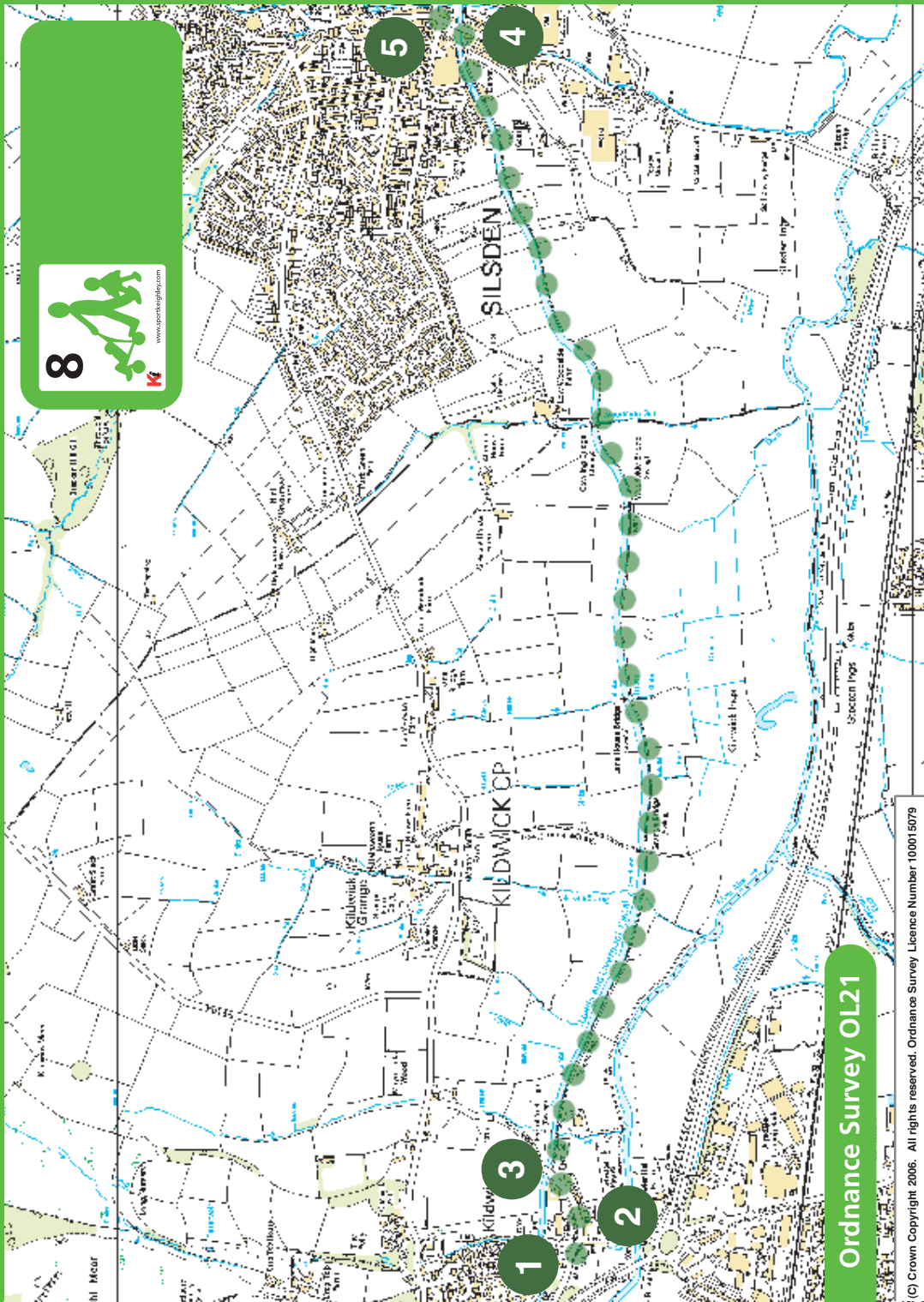


For details of further walks in your area see [www.sportkeighley.com](http://www.sportkeighley.com) or ring 01535 338718

For details of travel to walks see 'Journey Planner' at [www.wymetro.com](http://www.wymetro.com)

For details of further activity in the area see [www.aktivedirectory.org.uk](http://www.aktivedirectory.org.uk)

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## The Route:

- 1 From Kildwick main road walk along and turn left on to Priest Bank road.
- 2 Walk along Priest Bank Road to access the canal.
- 3 Turn right and follow the canal bank all the way to Silsden.
- 4 On your approach into Silsden you will see the road bridge over the canal, walk under the bridge and then turn left to climb the stone stairs up to the road.
- 5 Here you can turn right and walk up Kirkgate the main street in Silsden to have a coffee in one of the cafes or take the bus back in to Keighley.

