

Points to note

- Do not confuse the markers on the enclosed map with any way marker symbols you may see placed along the actual walk. The numbered markers shown on the map are to give approximate location on the route with the numbered written instructions.
- This walk follows the canal towpath and crosses over the 3 rise locks using the bridge and walkways.
- Always take care when walking alongside rivers and canals

Places of interest

This section of the canal makes for a very scenic walk, which passes by both the five and three rise Locks and finishes in Bingley Town centre.

Transport to walk

Buses from Keighley are regular with the new shuttle service; collect a shuttle timetable from the information centre in the bus station.



The Keighley Walking Initiative

Grades of walks available:



Mild to moderate,
suitable for pushchairs.
Usually less than 3.5km.



Mild to moderate,
not suitable for pushchairs.
Usually less than 3.5km.



Moderate.
Usually less than 6.5km.



Hard.
Usually over 6.5km.

IMPORTANT INFORMATION

Please read this! This is your responsibility!

This leaflet shows a route utilising Public Rights of Way. Please follow the Countryside Code. In particular: keep to paths, leave gates as found, take litter home and keep dogs under control (www.countrysideaccess.gov.uk).

If you are new to exercise or have any existing medical condition or concerns check with your GP before undertaking physical activity. Check that the route is suitable for your level of fitness and that you have adequate resources for your planned activity.

Wear clothing and footwear appropriate to the conditions and time of year.

Walks For All

Bingley & locks

Walk 5

Name Bingley & locks

Distance 2 kms / 1.2 miles

Grade



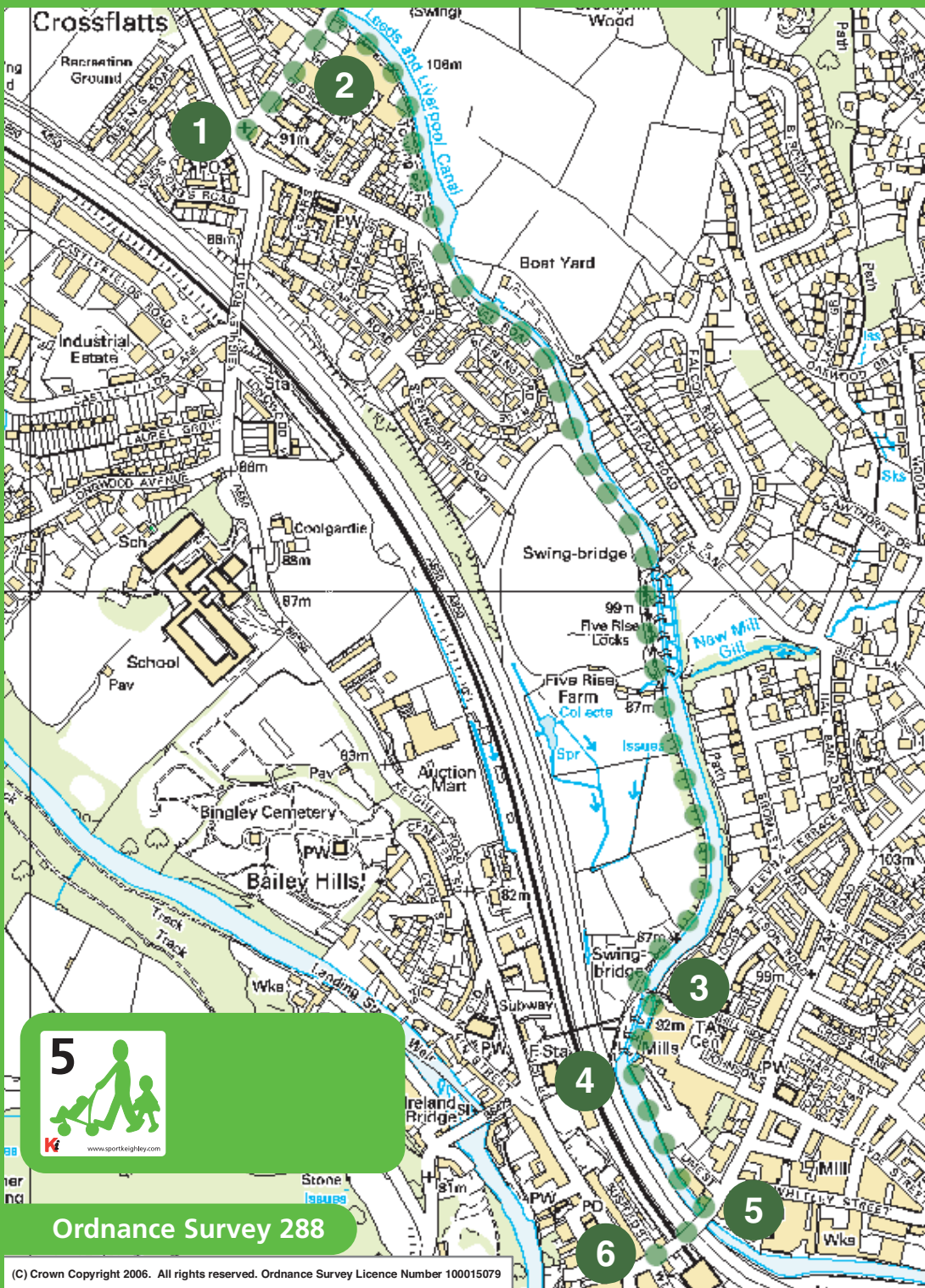
Mild walk with the opportunity to explore Bingley at the finish



For details of further walks in your area see
www.sportkeighley.com or ring 01535 338718

For details of travel to walks see 'Journey Planner' at
www.wymetro.com

For details of further activity in the area see
www.aktivedirectory.org.uk



The Route:

- 1 Catch the bus to the Canal Road stop near Crossflatts for the start of the walk.
- 2 Walk back towards Keighley for a few metres to Micklethwaite Lane, turn right and walk up Micklethwaite Lane to access the canal footpath.
- 3 At the canal, turn right and follow the canal path all the way to Bingley along the canal towpath you will come to the large five rise Locks, follow the path down the side of the Lock on the right and continue on the towpath to three rise locks.
- 4 Once at the three rise locks you need to turn left and cross over the canal at the locks using the bridge and footpath crossing over and then turn right to walk down the lock.
- 5 At the bottom of the lock the path turns left, walk along the towpath towards the road bridge to leave the canal.
- 6 Turn right and walk over the bridge in to Bingley town centre. Here you can explore Bingley or catch either the bus or train back to Keighley. For the bus walk up to the main road just after passing the entrance for the train station, after the bridge on the left.



Ordnance Survey 288