Points to note

- Do not confuse the markers on the enclosed map with any way marker symbols you may see placed along the actual walk. The numbered markers shown on the map are to give approximate location on the route with the numbered written instructions.
- Can be muddy in parts. Some up hill walking with stiles to negotiate and varying terrain.
- Toilets available at St Ives Park on Blind Lane.

Places of interest

St Ives Park Bingley provides wonderful woodland walks and scenery, look out for the wood carving sculptures along the walk.

Transport to walk

From Keighley bus station catch the Thwaites Brow Bus to Moss Carr Road.





Grades of walks available:



Mild to moderate, suitable for pushchairs. Usually less than 3.5km.



Mild to moderate, not suitable for pushchairs. Usually less than 3.5km.



Moderate. Usually less than 6.5km.



Usually over 6.5km.

IMPORTANT INFORMATION

Please read this! This is your responsibility!

This leaflet shows a route utilising Public Rights of Way. Please follow the Countryside Code. In particular: keep to paths, leave gates as found, take litter home and keep dogs under control (www.countrysideaccess.gov.uk).

If you are new to exercise or have any existing medical condition or concerns check with your GP before undertaking physical activity. Check that the route is suitable for your level of fitness and that you have adequate resources for your planned activity.

Wear clothing and footwear appropriate to the conditions and time of year.

Walks For All

Moss Carr Road to St Ives Park

Walk

25

Name

Moss Carr Road to St Ives Park

Distance

5.5 kms / 3.5 miles

Grade



Moderate linear walk to explore the woods of St Ives and Bingley

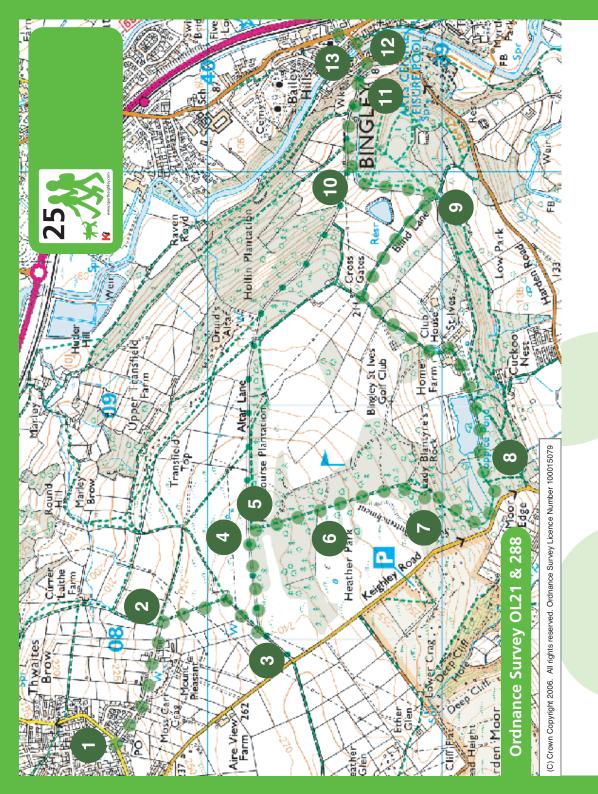




For details of further walks in your area see www.sportkeighley.com or ring 01535 338718

For details of travel to walks see 'Journey Planner' at www.wymetro.com

For details of further activity in the area see www.aktivedirectory.org.uk



The Route:

- 1 Cross over from the bus stop to Moss Carr surgery; turn left to walk to the bottom of Moss Carr Road. Turn right and walk up Moss Carr Road passing houses and open land all the way to the end of the road. You will come to a gate at the fields.
- Go through the gate and walk up the field following the wall on the right all the way up and on to the corner of the field where there is a stile leading on to Alter Lane. (It can be very boggy here and wet in the corner of the field by the stile). Turn left, walk along Alter Lane to a metal kissing gate in the high wall turning into St Ives wood. If its too bad to negotiate, staying in the field turn left and follow the wall now on your right all the way down until reaching a further stile on to Alter Lane
- Climb the stone stile and walk across the lane to the St Ives woodland park entrance on your right.
- 4 Enter the park through the metal kissing gate; walk straight on following the path through the wood until coming to an opening and a number of paths crossing each other.
- 5 Continue Straight on then slightly to the right, you should see the path, which has a wooden fence at either side. Take this path and follow it all the way down, the wooden fence is replaced with a dry stonewall further on.
- 6 At the golf course continue on down the tree-lined path with the wall on your left. Eventually you will come again to a few crossing paths follow the wider path straight on with the orange squirrel nature trail, down and round to Lady Blantyres rock.
- At the sculpture and Lady Blantyres Rock continue on down the hill and then follow the path around to the left. Walk along this path you will come to Copice pond.

- Stick to the same main path walking past the pond until reaching the wooden gate on to Blind Lane. Blind lane is a tarmac surface, turn left and follow the road Blind Lane on through the buildings and out to the open fields. Follow Blind lane around the corner to the right and down the hill. The toilet block is the stone building on the left. Follow the road now past the toilet block down the hill until you come to the house on the corner on the left hand side.
- Here cross the road to the house and walk in to the wood through the gate. Follow the path on your left once through the gate, the path goes up through the wood follow by the wall on the left.
- At the top when you come to crossing paths in the wood and a stile in the wall to your left continue on the path in front straight down staying in the wood you will walk down a wooden edged stair way and over wooden platforms until reaching the gap stile in the wall to the left which brings you back onto Alter Lane.
- Go through and down the steps on to Altar Lane. Turn right and walk down Altar Lane, further down Altar Lane look out for the lane bending round to the right, just before here there are some steep stone steps, approx 6 on the left. Walk down the steps turn right and follow the wooden edged steps and path down to the road.
- 12 Cross over to the Brown Cow Inn, turn left and walk along the road and up to the lights and crossing near Bingley Main Street.
- Turn left crossing over the end of the road, which you have walked up. Once across continue on towards the bus stop by the Bingley Parish Church. Here you can catch the shuttle bus back to Keighley every ten minutes.