

## Points to note

- Do not confuse the markers on the enclosed map with any way marker symbols you may see placed along the actual walk. The numbered markers shown on the map are to give approximate location on the route with the numbered written instructions.
- Some gates to negotiate and up hill walking, good for exercising as there is quite a bit of up and down hill walking.

## Places of interest

Excellent views of the town from Parkwood woods, nice woodland walk just on the edge of town.

## Transport to walk

From Keighley bus station.



The Keighley Walking Initiative

### Grades of walks available:



Mild to moderate,  
suitable for pushchairs.  
Usually less than 3.5km.



Mild to moderate,  
not suitable for pushchairs.  
Usually less than 3.5km.



Moderate.  
Usually less than 6.5km.



Hard.  
Usually over 6.5km.

# Walks For All

## Parkwood Woods

**Walk** 17

**Name** Parkwood Woods

**Distance** 3 kms / 1.9 miles

**Grade**



Mild to moderate walk, worth the hill to then walk through the woods with great views



## IMPORTANT INFORMATION

### Please read this! This is your responsibility!

This leaflet shows a route utilising Public Rights of Way. Please follow the Countryside Code. In particular: keep to paths, leave gates as found, take litter home and keep dogs under control ([www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)).

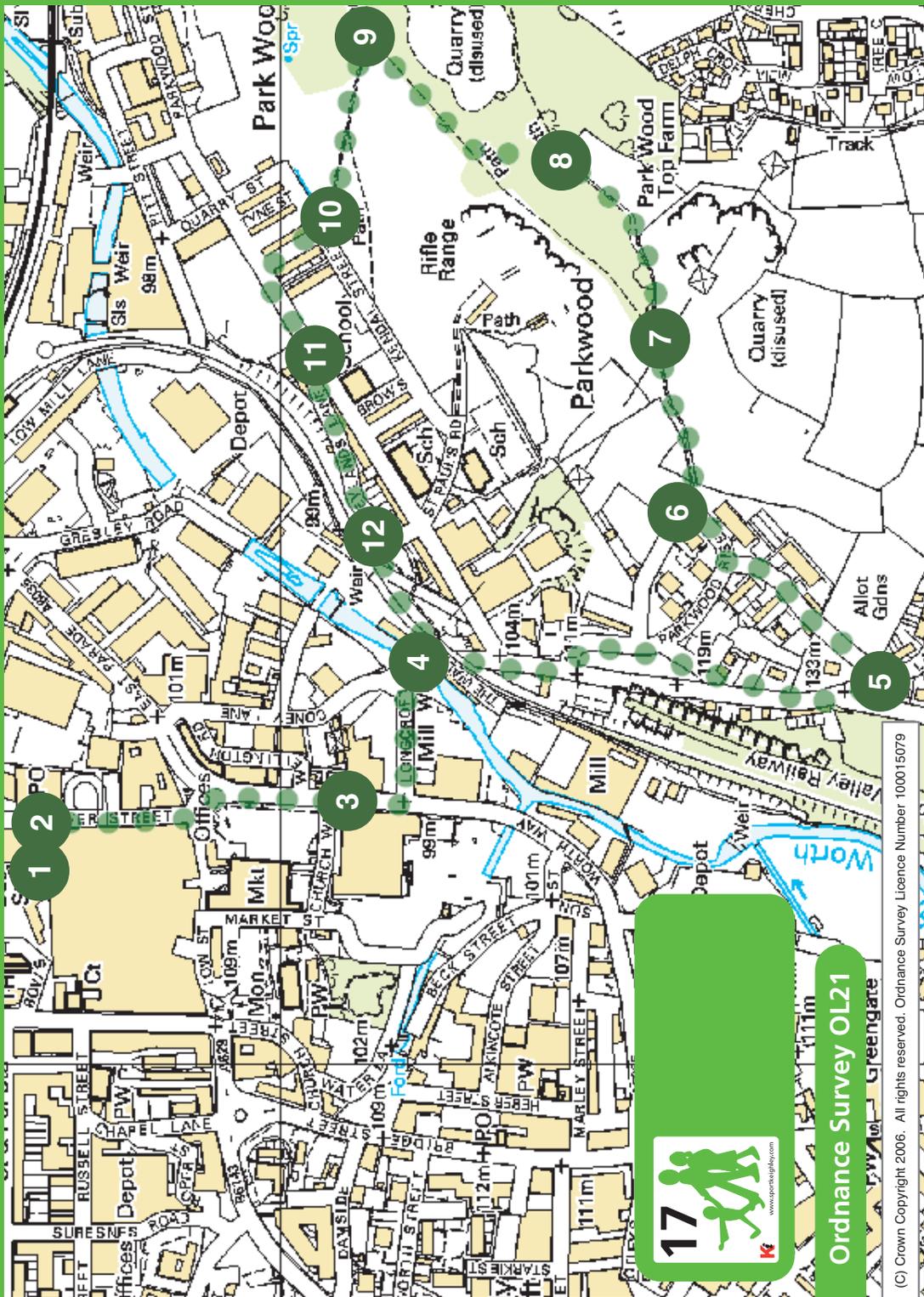
If you are new to exercise or have any existing medical condition or concerns check with your GP before undertaking physical activity. Check that the route is suitable for your level of fitness and that you have adequate resources for your planned activity.

Wear clothing and footwear appropriate to the conditions and time of year.

For details of further walks in your area see [www.sportkeighley.com](http://www.sportkeighley.com) or ring 01535 338718

For details of travel to walks see 'Journey Planner' at [www.wymetro.com](http://www.wymetro.com)

For details of further activity in the area see [www.aktivedirectory.org.uk](http://www.aktivedirectory.org.uk)



## The Route:

- 1 From Keighley bus station turn left and walk down Bow Street to the Post Office. Walk past the side of the post office under the arcade and out on to Hanover Street.
- 2 Turn right walk along Hanover Street to the end passing the car park on East Parade continue on to Morrisons.
- 3 Here cross over the road at the crossing turn right walk a short way then turn left and walk along Longcroft Road and over the bridge on the right.
- 4 Now follow Park Lane road all the way up until reaching the junction. Just before the junction cross over Park Lane and go up and then left on to Park wood Rise.
- 5 Walk along Parkwood Rise past the high rise flats you will see after the last block a green-wired fence with a footpath behind. Turn right here walking up the footpath following the green fence up. The path then bends to the left slightly and continues up the hill to a gate / stile.
- 6 Go through the stile and follow the path up to the wood.
- 7 Just inside the wood turn left and follow the lower path straight on through the wood (ignoring the stepped path on the right going up.)
- 8 Continue on through the wood you will pass the odd picnic bench when you come to any smaller paths crossing ignore these and continue until coming to a larger stepped path going down on your left.
- 9 Go down the wooden edged steps and on to the cobbled footpath. Turn left to walk down the cobbled path out of the wood at the gate at the bottom of the hill.
- 10 Through the gate cross over to the houses walk down the street on to Parkwood Street, cross over and walk along Parkwood street until you reach the cobbled Leylands Lane.
- 11 Turn right and follow Leylands Lane all the way on and down to the old painted iron railway bridge. Turn right cross the bridge and follow the path down to come back out on to the bottom of Park Lane.
- 12 Retrace your steps back in to the town centre, going over the road then the bridge and then back up Longcroft Road. Turning right to walk back along East Parade then Hanover Street to the bus station.

